

Dr. NADIA DELSHAD

PSYD (PRONOUNS SHE/HERS)

Rebuilding Trust in Couples Relationships
Discernment Counseling
Divorce/Parenting Mediation
Collaborative Divorce Mediation

THE BEDFORD CENTER FOR COUPLES

82C Palomino Lane
#703 Bedford,
NH 03110
Tel/Fax: 603-552-5664

LICENSED THERAPIST

In NH, OR, VT, ME & FL

EDUCATION

BA (Hons) in
Psychology
MSc in Developmental
Psychology
PsyD in Clinical
Psychology (magna
cum laude)

CERTIFICATIONS

Certified EFT Therapist (Emotionally Focused Therapy) (ICEEFT)
Certified Divorce Mediator
Advanced Supervision completed in Sex Therapy (AASECT)
Certified Yoga Calm® Teacher
Certified Clinical Hypnotherapist
Certified Trainer for Mindfulness Training for Primary Care (MTPC)

EXPERIENCE

Experience in the United States (from 2005)

Private Practice/ Psychotherapist

Sub-Acute Clinician/ Telecare Corporation/Portland-Oregon
<http://www.telecarecorp.com/multnomah-catc>

Certified Yoga Calm® Teacher

Research Examiner for Harcourt Assessment Inc. on the
Wechsler Adult Intelligence Scale (WAIS) and Wechsler Memory
Scale (WMS) revision project

Clinical Director/ Telecare Corporation/ South San Francisco,
California/ established ACT program, built team of 26 clinicians
<http://www.telecarecorp.com/santa-clara-act>

Experience in Australia (1998-2005)

Licensed and Board-Certified Forensic Psychologist

Private Psychotherapy Practice: Brisbane, Australia. Risk
Assessments for Parole Boards and Competency Assessments
for Mental Health Court.

Senior Psychologist: Queensland Health Community Forensic
Mental Health Service. Developed and managed a
Community Forensic Outreach Services program, working with
District Mental Health Services to improve regional and remote
service delivery. Trained behavioral care clinicians in clinical
forensic mental health techniques, and delivered coursework in

person, via video conference, and on-the-job demonstrations.
Developed a "train-the-trainer" course for online learning.

Manager Offender Development Programs: Senior Psychologist:
Brisbane Women's Correctional Center. Directed clinical
programs, and oversight of 150 employees. Managed facility
relocation, leading decommissioning/ recommissioning, special
projects, staff recruiting, orientation, and program deployment.

Psychologist: Wolston Park Psychiatric Hospital and Queensland
Health Integrated Mental Health Service; Rehabilitation Unit.

Experience in the United Kingdom

Intern: Maudsley Hospital/ Psychiatric/ South London (1996-1997)

Experience in South Africa

Counselor: Rape Crisis Cape Town (1994-1996)

Affiliations

Clinical membership of the American Psychological
Association, New Hampshire Psychological Association, New
Hampshire Mental Health Counselors Association, American
Association of Sexuality Educators, Counselors, and Therapists
(AASECT), and American Society of Clinical Hypnosis (ASCH).

Active involvement in The International Center for Excellence in
Emotionally Focused Therapy (ICEEFT), New England
Community for EFT, New Hampshire Seacoast EFT Community,
EFT Maine Community, EFT Massachusetts Community, and
Portland Center for Emotionally Focused Therapy.

Active membership with the Collaborative Law Alliance of New
Hampshire, International Academy of Collaborative
Professionals (IACP), Massachusetts Collaborative Law Council,
and Academy of Professional Family Mediators.