

# Dr. NADIA DELSHAD

PSYD (PRONOUNS SHE/HERS)

## Process Consultant

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Rebuilding Trust in Couples Relationships  
Discernment Counseling  
Divorce/Parenting Mediation  
Collaborative Divorce Mediation

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### THE BEDFORD CENTER FOR COUPLES

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82C Palomino Lane  
#703 Bedford,  
NH 03110  
Tel/Fax: 603-552-5664

### LICENSED THERAPIST

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In NH, OR, VT, ME &  
FL

### CERTIFICATIONS

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Certified EFT Therapist (Emotionally Focused Therapy) (ICEEFT)  
Certified Divorce Mediator  
Advanced Supervision completed in Sex Therapy (AASECT)  
Certified Yoga Calm® Teacher  
Certified Clinical Hypnotherapist  
Certified Trainer for Mindfulness Training for Primary Care (MTPC)

### EXPERIENCE

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#### Experience in the United States (from 2005)

Private Practice/ Psychotherapist at The Bedford Center for  
Couples Therapy PLLC/Bedford-New Hampshire

Sub-Acute Clinician/ Telecare Corporation/Portland-Oregon  
<http://www.telecarecorp.com/multnomah-catc>

Certified Yoga Calm® Teacher

Part-time Research Examiner for Harcourt Assessment Inc. on  
the Wechsler Adult Intelligence Scale (WAIS) and Wechsler  
Memory Scale (WMS) revision project

Clinical Director/ Telecare Corporation/ South San Francisco,  
California/ established ACT program, a built team of 26  
clinicians <http://www.telecarecorp.com/santa-clara-act>

#### Experience in Australia (1998-2005)

Licensed and Board-Certified Forensic Psychologist

Private Psychotherapy Practice: Brisbane, Australia. Risk  
Assessments for Parole Boards and Competency Assessments  
for Mental Health Court.

Senior Psychologist: Queensland Health Community Forensic Mental Health Service. Developed and managed a Community Forensic Outreach Services program, working with District Mental Health Services to improve regional and remote service delivery. Trained behavioral care clinicians in clinical forensic mental health techniques, and delivered coursework in person, via video conference, and on-the-job demonstrations. Developed a "train-the-trainer" course for online learning.

Manager Offender Development Programs: Senior Psychologist: Brisbane Women's Correctional Center. Directed clinical programs, and oversight of 150 employees. Managed facility relocation, leading decommissioning/ recommissioning, special projects, staff recruiting, orientation, and program deployment.

Psychologist: Wolston Park Psychiatric Hospital and Queensland Health Integrated Mental Health Service; Rehabilitation Unit.

### Experience in the United Kingdom

Intern: Maudsley Hospital/ Psychiatric/ South London (1996-1997)

### Experience in South Africa

Counselor: Rape Crisis Cape Town (1994-1996)

Clinical membership of the American Psychological Association, New Hampshire Psychological Association, New Hampshire Mental Health Counselors Association, American Association of Sexuality Educators, Counselors, and Therapists (AASECT), and American Society of Clinical Hypnosis (ASCH).

Active involvement in The International Center for Excellence in Emotionally Focused Therapy (ICEEFT), New England Community for EFT, New Hampshire Seacoast EFT Community, EFT Maine Community, EFT Massachusetts Community, and Portland Center for Emotionally Focused Therapy.

Active membership with the Collaborative Law Alliance of New Hampshire, New Hampshire Conflict Resolution Association, International Academy of Collaborative Professionals (IACP), Massachusetts Collaborative Law Council, and Academy of Professional Family Mediators.