



The Bedford Center for Couples

Nadia Delshad, PsyD

82C Palomino Lane, Unit #703, Bedford, NH 03110

Tel. 603-552-5664

www.eftpllc.com

COACH AGREEMENT

INFORMED CONSENT FOR COLLABORATIVE DIVORCE COACHING

Thank you for considering The Bedford Center for Couples PLLC for your Divorce Coaching services. This document is crucial as it contains vital details about our professional services and business policies. By signing this agreement, you authorize Dr. Nadia Delshad to provide you with the required services. We request you peruse the document thoroughly and highlight any areas that require further clarification.

THE ROLE OF THE COLLABORATIVE DIVORCE COACH

Collaborative Practice coaches are licensed mental health professionals. Collaborative Coaching is a focused, goal-oriented, and systemic process. It is not therapy. During both Collaborative Team meetings and individual sessions, a coach works with the couple to:

- Identify your goals, clarify your interests, and take into account any concerns you may have
- Provide effective communication tips
- Reduce misunderstandings and reduce emotional intensity
- Provide specific tools for problem-solving and overcoming obstacles
- Collaborate with the couple, their attorneys, and other involved professionals
- Develop effective co-parenting skills when children are involved

The Collaborative Divorce Process is based on the belief that couples can complete their divorce in an emotionally healthy way. Interacting and communicating with each other respectfully, honestly, and openly, can achieve a successful agreement.

MY PROFESSIONAL COMMITMENT

At our first meeting, we will discuss my approach to Collaborative Divorce Coaching. It's crucial that you feel comfortable to ask questions or raise any concerns during the Collaborative Divorce process to ensure a successful client-coach relationship. Clarity is key, and I'm here to help. During our collaboration, if you feel that it would be beneficial for you to seek additional assistance from other professionals outside of the Collaborative team, I will discuss this with you. In case such referrals are necessary, I will provide you with the names of appropriate professionals like psychotherapists and physicians.

CLIENT CONFIDENTIALITY IN THE COLLABORATIVE PROCESS

By signing this agreement, you agree to waive confidentiality to permit full Communication with other members of the Collaborative team to facilitate the Collaborative process.

Should either party elect to withdraw from the Collaborative Divorce Process, all materials, including all content (both written and oral) of all meetings and communication with or between any member of the Collaborative team will remain confidential and may not be used in any court proceedings. The clients agree not to take Dr Nadia Delshad/ The Bedford Center for Couples PLLC to court, not to subpoena her, and not to depose her. All that goes on in session is confidential and will not be shared in court.

It's important to note that there may be situations where I am legally obliged to take necessary action to protect others from harm. These situations are rare; if they do occur, I will discuss them with you before taking action. I will only disclose the information that is absolutely necessary.

FEES AND RETAINER

My Collaborative Divorce Coaching fee is \$200 per hour. This fee is applied to the time I spend on your behalf, whether it is with you individually or together, in a meeting with you and your attorneys, or conferring with your attorneys, as appropriate. Examples of professional time for which you will be billed include telephone calls, meetings, travel time, and correspondence (including email). Payments may be in cash or check made out to The Bedford Center for Couples PLLC. I also accept Venmo payments and will provide my Venmo account information. Credit card payments are accepted with a 2-3% fee added.

I will typically request a retainer of \$3,000 unless arrangements are made otherwise. Every time I send a bill, I will apply your retainer to the current amount due. If the retainer is exhausted, I will ask you to renew the retainer. Upon completion of our work, I will promptly refund any remaining balance. If you have an appointment for individual/couples coaching sessions and you cancel 48 hours prior to the session you are not responsible for the fee.

LIMITATIONS

Collaborative Divorce coaching is not a surefire way to guarantee success, and it cannot erase past disagreements and irreconcilable differences. However, it does provide a positive approach to achieving a healthy and cooperative resolution to the end of a marriage. For couples with children, it helps them create a positive and healthy co-parenting relationship.

YOUR SIGNATURE BELOW INDICATES THAT YOU HAVE READ THIS AGREEMENT AND AGREE TO ITS TERMS.

Signed

Date

Signed

Date